



GFHC Newsletter

UPCOMING EVENTS

MARK THE DATE

Saturday, September 29	Skills Ride	Maple Crescent Farm	https://www.gfhc.ca/skills-ride
Saturday, October 13	Trail Maintenance Day	Central Forest Horse Parking Area	Watch for more details closer to the date
Saturday, October 27	Fall Colours Ride	Wishing Stone Farm	https://www.gfhc.ca/fall-colours-ride
Saturday, November 10	Annual Dance	Golden Beach Resort	https://www.gfhc.ca/annual-dance

2018 Events - <https://www.gfhc.ca/events>

SUMMER RIDE

Thank you MOTHER NATURE! Weather didn't look / sound too promising at first but the ride went on anyway. Weather was perfect, the trails were amazing, and a good day was had by all.

Thirty-three (33) members of the GFHC came out to enjoy the Summer Ride.
Thank you to our wonderful members! Hope you enjoyed the day & trails as much as I did!





Thank you to all the volunteers who made this ride possible:

Olga Chernuck – registration; David Grant – marking trails, taking down ribbons & check in/out; Tina Grant – marking trails, taking down ribbons; Rich & Sue Hagerman – marking trails; Shawn Hamilton – taking down ribbons; Jacquie Hansford – taking down ribbons; Donna Melrose – taking down ribbons; Paul Melrose – trail marking, parking & registration; Rick Searle – registration; Anne Vavra – taking down ribbons; Dianne Willis – trail marking. **A special thank you to Kathy Norrad-Barber** <https://www.facebook.com/HappyHoofPhotography/> for coming out and taking complimentary pictures! Very much appreciated....you are the best Kathy!



"Well Deserved Grazing Time"



"Enjoying lunch"

FREE GIFT – thanks to **Victoria Feeds (Horse & Hound) in Lindsay**

<http://victoriafeedsthehorseandhound.com/> riders received a "Happy Horse....Happy Life" t-shirt that were available in various sizes & colours!



UPCOMING SKILLS RIDE

- <https://www.gfhc.ca/skills-ride>

This year's Skills Ride will be held at Maple Crescent Farm on **SATURDAY, SEPTEMBER 29th**. Well marked trails will be available for you to ride and explore new areas of the Ganny. An obstacle skills area will be available if you choose to try out some fun challenges. Maple Crescent Farm, home of Boris and Kendra Khaimovich is situated on the East Forest. Get in touch with your friends and make plans to get out and enjoy this event.

Always a well attended ride and a great time. **Lunch** (only \$5), **bucket draws** (\$1/ticket; \$2/3 tickets; \$5/8 tickets), & **raffle tickets** (only \$5 each; \$10/3 tickets; \$25/8 tickets) for a 2 night get away for up to 4 people at Golden Beach Resort will be available to purchase. All proceeds benefit the GFYC -- your horse club! **Bring a few extra dollars with you and join in on the excitement.**



Mark the calendar! Saturday, 10 November 2018

Get a group together and come out for a fun evening!

Exciting News for our Annual Dance

1. ***New location*** – Golden Beach Resort
2. ***Live Band*** – “The Shadows” (You’ll dance the whole evening --- they are great!)
3. ***Late Night Meal*** – served at 10 p.m.
4. ***Silent Auction***
5. ***Toonie Toss***
6. ***Overnight accommodations offered at ½ the regular price!!!*** Only \$129 + tax (Fully stocked kitchen; sleeps up to 4 per room) **Book early to avoid disappointment.** Contact: Golden Beach Resort (<https://www.goldenbeachresort.com/> or call Mark - 905 342-5366)
7. ***Dance ticket Cost:*** \$40/person --- complete details coming soon <https://www.gfhc.ca/annual-dance>



Now available to purchase online

<https://www.gfhc.ca/fundraiser-golden-beach-draw>

<p>0001 - SAMPLE TICKET</p> <p>Name: PLEASE PRINT CLEARLY</p> <p>_____</p> <p>Address:</p> <p>_____</p> <p>_____</p> <p>Phone:</p> <p>_____</p> <p>Ganaraska Forest Horse Club</p> 	<p>0001</p> <p>Ganaraska Forest Horse Club Fundraiser "Proceeds towards much needed club equipment"</p>  <p>A 2 Night Get Away for Four In a 2 Bedroom Deluxe Cottage At Golden Beach Resort on Rice Lake Approximate Value: \$1000 Valid From: 11 November 2018 to 15 October 2019</p> <p>http://www.goldenbeachresort.com</p> <p>\$5.00 / ticket ~ \$10.00 / 3 tickets ~ \$25 / 8 tickets</p> <p>Draw Date: Saturday, November 10, 2018. To Be Drawn At: GFHC Dance-Golden Beach Resort</p>
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WINNER NEED NOT BE PRESENT TO WIN

*For sale at all 2018 GFHC events, from Board Members,
online or gfhclub@gmail.com .*

All proceeds benefit the GFYC -- your horse club!

GET IN TOUCH WITH US.....we'll give you a book or two to sell. If everybody helps out it's a win / win. Somebody will win a lovely holiday at Golden Beach Resort and the Ganaraska Forest Horse Club will raise money for much needed tools / equipment. **We're doing our best to improve the trails and keep them clear for riding but we require the tools to carry on with our projects.**

PLEASE CONTACT US

We need your help selling these tickets!

E-mail gfhclub@gmail.com or text Tina at 905 449-2947 to obtain books of tickets to sell.

Greenhawk Peterborough Barn Night

Who's interested in going to the barn night?

Location: Peterborough Greenhawk

- Wednesday, November 7th - 6 p.m.– 8:30 p.m.
- ***15% off regular priced items on just about everything!***
- Refreshments available
- Christmas gift shopping (Yes, it'll be here before you know it)

Send an email, with “Barn Night Sounds Great”, in the subject line to jacquie.hansford@gmail.com if you're interested

**We need enough interest to book it. A little social get together. Ask a few friends (GFHC members or not).
Car pool and have fun! Thanks!**

A Few Cute Horse Quotes:

- 1.) All horses deserve, at least once in their lives, to be loved by a little girl.
- 2.) Coffee, Chocolate, Cowboys... some things are just better rich.— *Original source unknown*
- 3.) It is the difficult horses that have the most to give you.— *Lendon Gray*
- 4.) Of all creatures God made at the Creation, there is none more excellent, or so much to be respected as a horse.— *Bedouin Legend*
- 5.) You cannot train a horse with shouts and expect it to obey a whisper.— *Dagobert D. Runes*
- 6.) Every time you ride, your either teaching or un-teaching your horse.— *Gordon Wright*
- 7.) If anybody expects to calm a horse down by tiring him out with riding swiftly and far, his supposition is the reverse of the truth.— *Xenophon*
- 8.) Care, and not fine stables, makes a good horse.— *Danish Proverb*
- 9.) One man's wrong lead is another man's counter- canter.— *S.D. Price*
- 10.) Love means attention, which means looking after the things we love. We call this stable management.— *George H. Morris, The American Jumping Style*
- 11.) What the colt learns in youth he continues in old age.— *French Proverb*
- 12.) One reason why birds and horses are happy is because they are not trying to impress other birds and horses.— *Dale Carnegie, How To Win Friends and Influence People*
- 13.) Words are as beautiful as wild horses, and sometimes as difficult to corral.— *Ted Berkman, The Christian Science Monitor*
- 14.) If you are a rider, the number one thing to do is ... marry money!— *Anonymous*

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OPs --- this should have gone in the August newsletter. For those of you who missed it on facebook – be aware “GROUND WASPS”!









Although the weather in August can produce great trail riding days, it’s also when colonies of yellow jackets reach their maximum size, which means lots of adults are around with fewer larvae to care for. Wasps have smooth stingers with tiny barbs, so they’re able to bite repeatedly. Each sting injects venom that creates a variety of symptoms on the skin and in the rest of the body. A pheromone is also released that signals other wasps in the colony to aid in the defense of their territory and to attack the same area that was already bitten. Unfortunately, killing a yellow jacket can release the same pheromone.

When trail riding in a line, riders #2 and #3 especially should be on alert. Yellow

jackets are usually stirred up by the first rider who doesn’t see them or the hole in the ground where they’re coming from, so the remaining horses and riders are the ones bitten. Anyone who sees wasp activity should immediately and loudly yell BEES!! (which is faster to say than GROUND WASPS!) and everyone should move out as quickly as possible. Horses will often stand in the same spot and try to rub off the stinging insects, so you may have to kick hard to get your horse’s attention. Don’t waste precious time trying to swat them away...just GO!

Lastly, if you’re allergic to bees, carry your EpiPen on your person. If you get thrown off, it’s of no value in your saddle bag on a runaway horse.



Bees			<ul style="list-style-type: none"> • Pollinates crops, flowers, etc. • Makes honey • Can only sting once • There are 30,000 to 80,000 bees in a colony
Hornets			<ul style="list-style-type: none"> • Typically nests above ground • Nests are large, up to 700 individuals • Nests are made of a paper-like material • Stings 3-5 times before it runs out of venom
Yellow Jackets			<ul style="list-style-type: none"> • Nests can be as big as a basketball! • Nests are often found near the ground or underground • Can sting repeatedly
Wasps			<ul style="list-style-type: none"> • Nests are made of paper-mache like material • They resemble an upside-down umbrella • Can sting repeatedly • Colonies number only 20-30 adult wasps

Administering Oral Medications

Here's a few tips to make the job a little easier. Complete interesting article can be found https://horse-canada.com/magazine_articles/administering-oral-medications/ . A must read for those who are experiencing problems.

Written by: Ashley Whitehead, DVM, BSc, DVSc, DACVIM

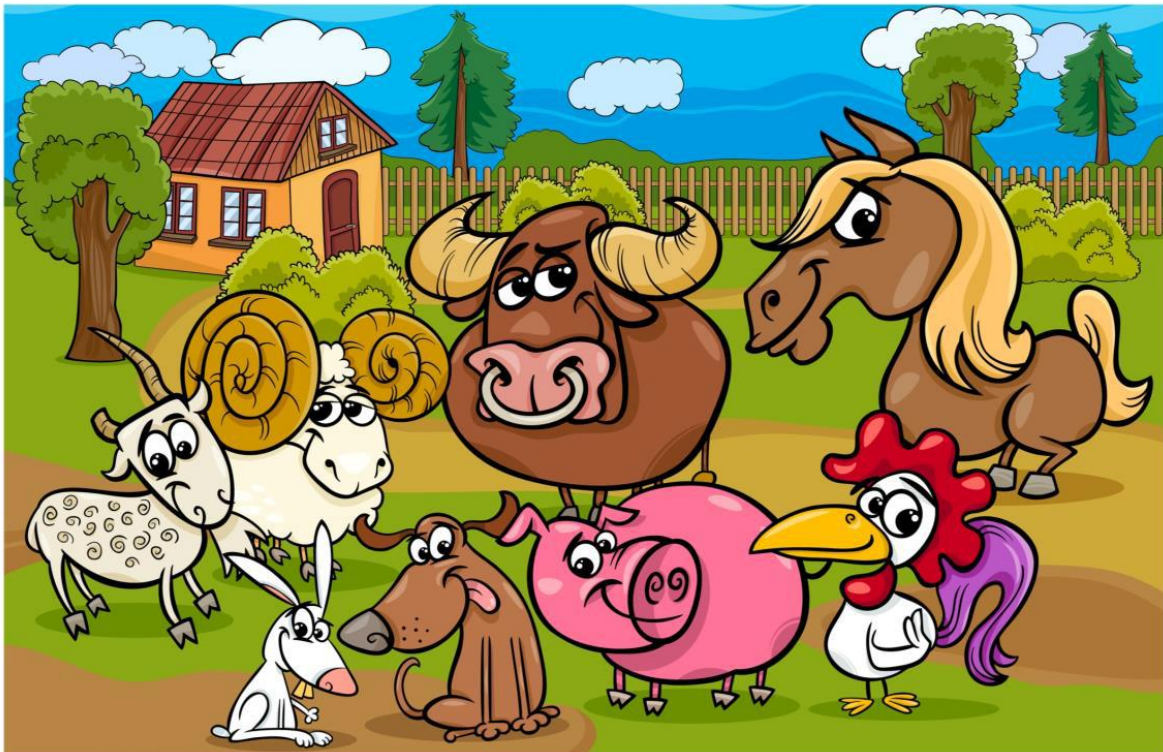
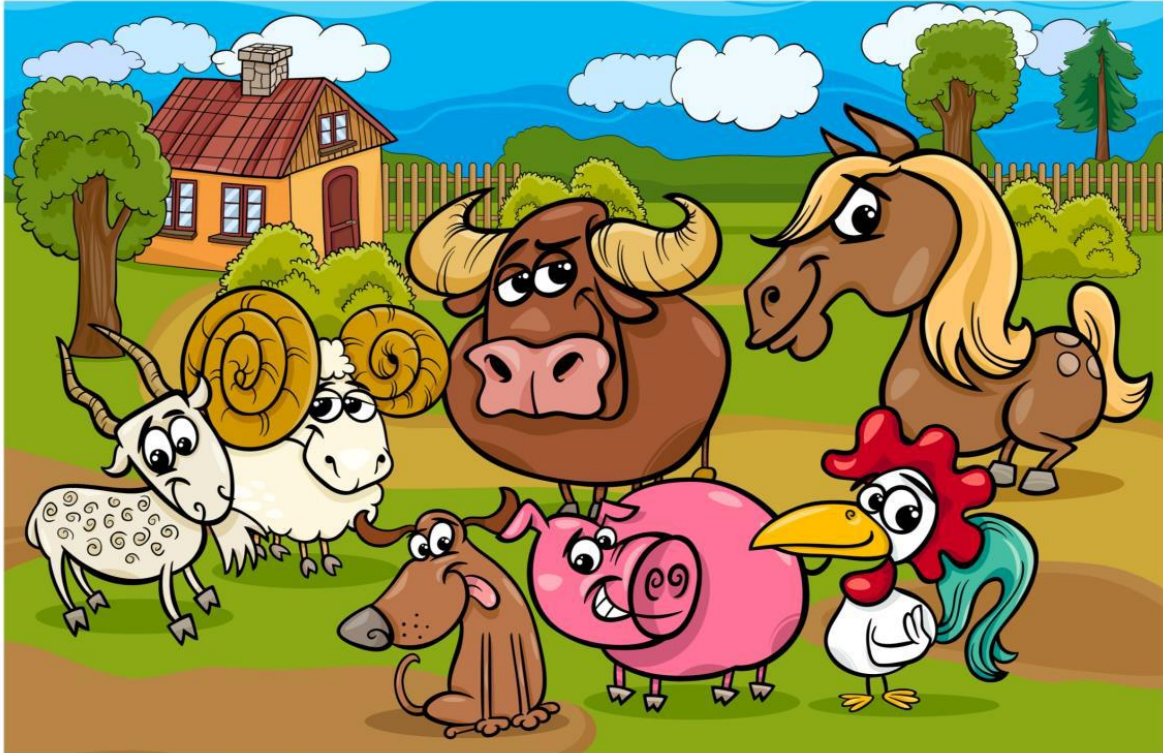
Doing a test run using something tasty before your scheduled deworming day is a good idea, even if your horse has been well-behaved in the past.

Practicing the following steps (*Check on the link above – 12 tips to administer oral medications*) with a variety of tasty treats rather than the oral medications will quickly help turn the process into a positive experience. Fill an empty syringe with molasses, honey, corn syrup, applesauce, strawberry syrup, mashed cooked carrots, crushed peppermints in plain no-fat yogurt or baby food. Whatever you choose, a thick and sweet substance is usually best. When the time comes to administer actual medication, your horse will chalk up the unpleasant taste to one bad experience among many delicious ones.



Some fun for our "little ones" & "the not so little ones"

FIND THE 10 DIFFERENCES

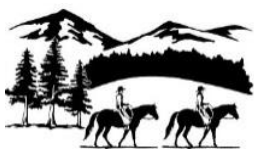




So many ways to know what's happening!

*Check out our website to keep
in touch with what's going on.*

www.gfhc.ca



Ganaraska Forest Horse Club (GFHC) group



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**We want the newsletter to be
interesting and informative. Most of
all we want YOU to enjoy it!**



Email – Message us on Facebook – or send us
a post card or letter. We value all suggestions.

