



February 2018

# GFHC Newsletter

## UPCOMING EVENTS

MARK THE DATE			
Sunday, April 22, 2018	Breakfast Meet and Mingle	Carousel Restaurant	<a href="https://www.gfhc.ca/breakfast-meet">https://www.gfhc.ca/breakfast-meet</a>
Sunday, May 6, 2018	Early Bird Ride	Central Forest	Watch for details – coming soon
Saturday, May 12, 2018	Tack Swap	Sandaraska Park	<a href="https://www.gfhc.ca/tack-swap">https://www.gfhc.ca/tack-swap</a>

**2018 Events** - <https://www.gfhc.ca/events>

### ANNUAL GENERAL MEETING

Thanks to everyone who came out for the AGM. We had thirty-two {32} attendees. It was a very informative meeting.

In 2017 we hit over the 100 member mark. Five new members signed up at the AGM and a good number of current members renewed for 2018. Welcome to all -- *we're looking forward to an awesome year! Membership tags will be available for pick up at our planned events. First 2018 event: Breakfast Meet & Mingle at The Carousel on Sunday, April 22, 2018.*

### Your GFHC Board of Directors for 2018

**President:** Dave Grant  
**Vice President:** Sue Hagerman  
**Secretary:** Tina Grant  
**Treasurer:** Jacquie Hansford  
**Director at Large:** Rich Hagerman  
**Director at Large:** Paul Melrose  
**Director at Large:** Donna Melrose  
**Director at Large:** Olga Chernuck



## Donna Melrose



Donna & Champagne

Photo Credit: CLIX Photography

*I have been a GFHC member since way back when (about 20 years) with only a very short hiatus during all those years! I am retired and enjoy my three lovely mares - Indianna, Champagne, & Rio. As well, you'll find four of the cutest mini donkeys that are happy to make Ridge Vu their home. You'll also see chickens running around on our farm. I have been volunteering in any way I can for the past year and have decided to join the board for the 2018 season. I love riding in the Ganaraska Forest and joining in on the events put on by the club. I'm looking forward to being a part of this energetic team.*

## Olga Chernuk

*I have been a lifetime resident of Northumberland County and continue to live on Ganaraska East Forest. I am involved in a family run business which resides on the South side of Rice Lake. I was one of the founding members who assisted in the forming and running of the Beavermeadow Foxhounds for many years. Now my interest is with safe, fun horseback rides in our beautiful Ganaraska Forest. Look forward to working with this dynamic group of board members and continue to build a strong working relationship not only with GF but with all stakeholders who use our forest.*



Olga and  
Bellissimo "Sensational"

## AGM Door Prize Winners:

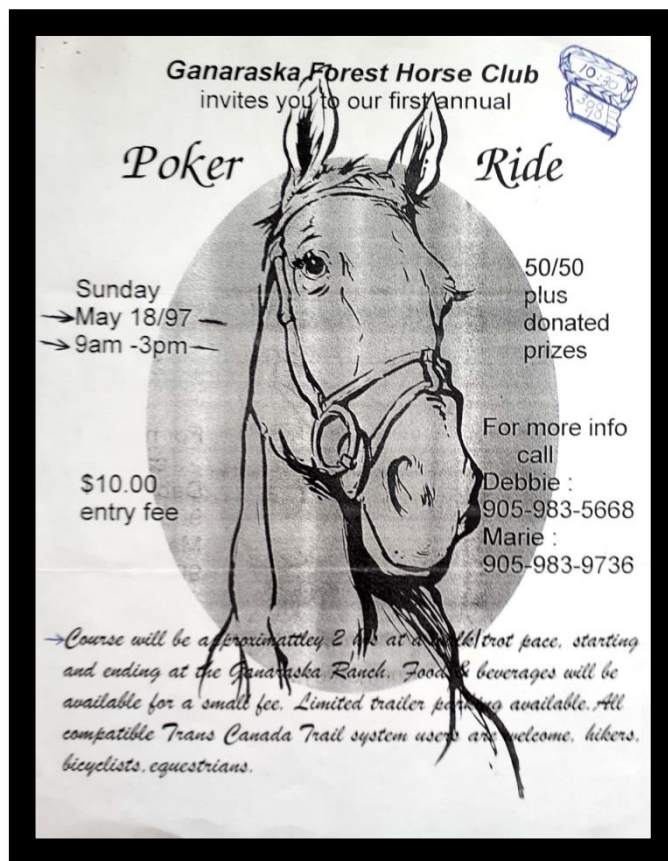
**Ann Lantz (polos – donated by Paul & Donna Melrose); Terry Peterson (Grooming Brush & Socks – donated by Anne Vavra & Greenhawk Peterborough); Charlene Jacobs (Fiskes Gift Basket – donated by Melanie Fiskes)**

We were very pleased to make this announcement at the AGM. We informed members that Marg Dickson and Vicki Varcoe have been working on updating the GFHC Constitution to make it more consistent, easier to understand, and even better reflect our Club. They would appreciate having another member or two working with them as a committee. Meetings will be held in the Bailieboro area. **If this is something you'd be interested in, please reply to [gfhclub@gmail.com](mailto:gfhclub@gmail.com) with the subject line "GFHC Constitution Committee".** This will be a very interesting and rewarding project to be a part of.

Draft copies of the changed constitution

[https://docs.wixstatic.com/ugd/cf02f5\\_8c74d2d67bf1469fa2c49b174ed3f994.pdf](https://docs.wixstatic.com/ugd/cf02f5_8c74d2d67bf1469fa2c49b174ed3f994.pdf) will be sent out to our members during the year to solicit feedback. The goal is to be able to vote on the new version at the AGM in January 2019.

"Thank you to Vicki Varcoe for finding some old documents from the early days of the Club. We have a long history! **If anyone can find others, please bring them to an event this year.**"



## ***Did You Know ~~~ All These “New” Things Happened in 2017***

- ♦ Monthly newsletters
- ♦ Laminated “If you find this horse” membership card
- ♦ Interact e-Transfer capability
- ♦ Arm bands replaced pinnies on trail rides
- ♦ Tack Swap at Sandaraska Park in early May
- ♦ Early Bird Ride in the eastern East Forest
- ♦ Dinner & Dance wasn’t really a fund raiser, just fun
- ♦ AGM in January, not November (re Fiscal year end)
- ♦ 101 members

 **2017**  
*THE YEAR IN REVIEW*



## 2<sup>nd</sup> Annual Tack Swap

*Rain or Shine --- held indoors*

*Our first tack swap was such a huge success, we're holding it again in 2018.*

### **"Out With the Old and in With the New"**

<https://www.gfhc.ca/tack-swap>

**Date: Saturday, May 12<sup>th</sup>, 2018**

**Location: Sandaraska Park – Inside "La Barn"**

**Time: 10 a.m. – 2:00 p.m. {vendor set up at 8:00 a.m.}**



Table Reservations - \$20 / table. <https://www.gfhc.ca/tack-swap-table-reservation>  
**(e-transfers, cash, cheque)**

*Look over your 'extra' stuff and see what you have to sell, trade, or donate to the GFHC.  
Clean up your tack and bring it to the swap. Quality items, not quantity will sell faster. Please book your tables early. We really need to keep items displayed on the tables and not on the floor or in the aisle way.*

*We would appreciate if you help keep the aisles free from clutter  
so there is lots of room for shoppers to browse and check things out.*

***The more appealing you display items, the better the chance of selling your stuff. Extra \$\$\$ for you!***

**Any sale you make is money in your pocket!**

**TACK SWAP  
& MORE**

Hosted by the  
**GANARASKA FOREST HORSE CLUB**  
to be held at  
**SANDARASKA PARK**  
156 Sandaraska Road, Pontypool (near Porter Road and Hwy 115)

**SATURDAY, MAY 12, 2018**  
**10:00-2:00**  
Rain or Shine (large indoor facility)

Dozens of Vendors | All Disciplines | Refreshments Available

For more information or to book a table: [www.gfhc.ca/tack-swap](http://www.gfhc.ca/tack-swap)  
Jacquie Hansford 705-927-5866 or [jacquie.hansford@gmail.com](mailto:jacquie.hansford@gmail.com)

***Come to the "Breakfast Meet & Mingle" and pick up a poster to display in your barns***



# David Cowley

## Two-Way Trust Horsemanship

*For those of you who weren't at the AGM, you missed this exciting news...*

**NEW EVENT for 2018 - David Cowley clinic being held on July 21<sup>st</sup> and 22<sup>nd</sup>!**

*Here's some background on this well-know, knowledgeable clinician.*

David Cowley is now offering his two-way trust horsemanship in training, lessons, clinics and special appearances. David is well recognized for his unique horsemanship skills in building trust between horse and rider. His techniques have made him an accomplished competitor in Extreme Cowboy Racing, including competing in The Cowboy Up Challenge at The Calgary Stampede and a top 5 finish at the Worlds in his first year of competition. David is also the only person to have trained horses to go to the top of the Calgary Tower, doing this feat for 16

consecutive Stampedes and over 40 trips up the elevator, with 6 different horses.

David Cowley's Two-Way Trust Horsemanship specializes in the Equestrian relationship. He focuses on the development of mutual respect, communication and trust. In the end, you will have a horse that wants to engage, learn and work. This training regimen that David is now sharing and teaching is the result of countless hours working and growing up with all types of horses, personalities and challenges.

**Look who's at Can Am!** <http://canamequine.com/clinicians/david-cowley/>

### **Two-Way Trust Clinics:**

Two-Way Trust Horsemanship is offered in several clinic options with a focus on developing the relationship of horse and rider.

**The Start-** The relationship begins here and is one of the most important moments in a horses life and career.

**Two-Way Trust level 1&2-** Develop mutual trust in these two day offerings that will give you the understanding and homework necessary to build your relationship.

**Extreme Cowboy Racing-** Learn how to compete and put your relationship to the test in this exciting sport that is designed to showcase the Trust and technique of the Horse and Rider Team.

## **IMPORTANT**

**Watch for complete details on this clinic. SAVE THE DATE...you won't want to miss this event!**

**Spaces are limited and will fill up quickly. GFHC MEMBERS WILL GET FIRST CHANCE TO REGISTER AND**

**WILL BE NOTIFIED AS TO WHEN THE REGISTRATION OPENS.**

# 2018 GFHC Memberships

Annual memberships are valid from January – December of the calendar year



Membership forms can be completed online

Cash ~~ Cheque ~~ e-Transfers

<https://www.gfhc.ca/membership-form>

Please ensure your liability insurance company and policy number is current and indicated on the form.

**TELL YOUR FRIENDS ABOUT THE GFHC {GANARASKA FOREST HORSE CLUB}.**

**I'LL BET THEY'LL WANT TO JOIN IN ON THE FUN WE HAVE!**



## *It's That Time Again....*

APRIL 6-8<sup>TH</sup>, 2018

**CAN-AM**

ALL BREEDS  
EQUINE EXPO

MARKHAM FAIRGROUNDS

CANAMEQUINE.CA

<http://canamequine.com/>

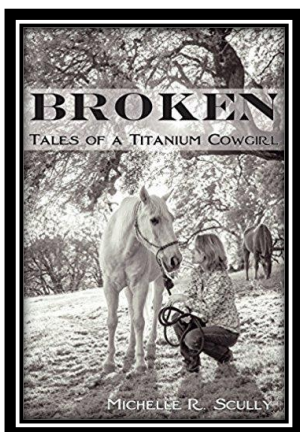
## ***“COZY UP WITH A GOOD BOOK”***



*Broken, Tales of a Titanium Cowgirl* shares the journey of Michelle Scully’s calamitous riding accident and devastating injury. But, it also provides a panorama of her path of deep personal discovery as she unexpectedly finds herself in a joyful journey of recovery. Love of horses commingles with a personal quest to improve her horsemanship to spur on her healing.

*Broken, Tales of a Titanium Cowgirl* is a journey of wreck, wonder, and recovery filled with tales of horses, brokenness, faith, dogs, nature, riding, and redemption. Michelle’s good humor and earnest insights will touch your heart and encourage you, whether you’ve ever fallen off a horse or not.

Buck Brannaman has said: “Horses and life, it’s all the same to me.” Michelle agrees. She knows she’s not the first person to ever fall off a horse, and she knows she won’t be the last. It might not be a horse you fall off, but no matter what throws you, she hopes you get back on.



*Thanks to Karen & Donna for telling me about this book.*

# Word Search



H	Q	S	S	G	W	Y	Q	K	K	A	V	P	S	Q
U	B	E	D	N	E	I	R	F	L	R	I	G	R	X
S	L	S	R	X	Z	K	H	H	G	R	D	S	O	H
B	W	S	W	X	C	B	E	R	Y	O	G	D	S	J
A	M	I	X	B	K	C	A	W	X	W	O	P	E	D
N	M	K	B	O	Y	F	R	I	E	N	D	E	S	I
D	W	S	M	G	U	F	T	I	V	W	D	C	T	P
J	D	C	N	S	R	Y	E	F	R	I	E	N	D	U
K	M	C	R	V	V	J	U	F	J	K	A	A	A	C
H	E	A	R	T	W	A	R	M	I	N	G	M	R	O
V	J	K	Q	O	H	B	K	A	R	W	N	O	E	M
I	E	R	O	U	F	L	O	W	E	R	S	R	G	X
K	E	I	G	K	C	H	O	C	O	L	A	T	E	S
H	K	S	K	N	Q	K	A	X	C	U	J	C	U	H
D	E	R	P	D	L	O	V	E	V	E	N	N	I	N

CUPID  
 ARROW  
 HUGS  
 KISSES  
 ROSES  
 HEART  
 FLOWERS  
 CHOCOLATES  
 LOVE  
 FRIEND  
 ROMANCE  
 BOYFRIEND  
 GIRLFRIEND  
 HUSBAND  
 WIFE  
 HEARTWARMING

## Happy Valentine's Day

*Of course I have a Valentine this year. He is big and hairy and has gorgeous dark eyes.  
You guessed it ---- YES, he's my horse!*

Enjoy Valentine's Day with your loved ones.

**FROM YOUR GFHC BOARD OF DIRECTORS:**

*Dave, Donna, Jacquie, Olga, Paul, Rich, Sue, & Tina*



*"A true horseman does not look at the horse with his eyes, he looks at his horse with his heart." ~ Author Unknown*



**Donations  
are Greatly  
Appreciated!**

The GFHC is very fortunate to have so many wonderful sponsors who donate to all our events. Donations are used for bucket draws, door prizes, and other ways that we try to make our events a little more interesting and fun for everyone. We would like to remind the membership to visit these sponsors and mention to them how much we appreciate their continued support. They support us so let's make sure we support them. Check out these businesses and become familiar with them. <https://www.gfhc.ca/sponsors> Visit them, chat with them, and thank them for supporting our club. This needs to be an ongoing commitment so our sponsors really know how much they are

appreciated. Don't forget - **The Horse and Hound {Victoria Feeds}** and **Durham Farmers Country Co-operative {Grafton & Orono}** offer 10% discount to GFHC members with proof of current membership. Some restrictions apply.

**Remember these sponsors the next time you are looking for a product or service they provide.**

*The club has mailed out over 30 letters to different organizations and businesses seeking their support for our 2018 events. If you know of any business or individual who would be in a position to donate, we would welcome hearing from you.*

**Please contact Jacquie Hansford at 705 927-5866 or [jacquie.hansford@gmail.com](mailto:jacquie.hansford@gmail.com)**

*to let her know who you will be contacting. She will confirm if we have already mailed out a request to them. If we have not contacted them, she will let you know and you can approach them and see if they are in a position to donate.*



**Reason for letting us know who you'll be contacting is that we don't want to be contacting the same business or individual multiple times.**

***So many ways to know what's happening! Stay in touch***

*Check out our website to keep in touch with what's going on.*

[www.gfhc.ca](http://www.gfhc.ca)



**Ganaraska Forest Horse Club**



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[gfhcclub@gmail.com](mailto:gfhcclub@gmail.com)



**We want the newsletter to be interesting and informative. Most of all we want YOU to enjoy it!**

Email – Message us on Facebook – or send us a post card or letter. We value all suggestions.

