



GFHC Newsletter

UPCOMING EVENTS

MARK THE DATE			
Sat, August 12 th 9:30 a.m. MEMBERS ONLY	Summer Ride	Central Forest	https://www.gfhc.ca/summer-ride
Sat, September 9 th 9:30 a.m.	Skills Ride	Cayuse Creek Ranch	https://www.gfhc.ca/skills-ride
Sat, October 21 st 9:30 a.m.	Fall Colours Ride	Central Forest	https://www.gfhc.ca/fall-colours-ride
Sat, November 18 th	Annual Dinner & Dance	Millbrook Legion	https://www.gfhc.ca/dinner-dance

Visit our website for a complete list of 2017 Events <https://www.gfhc.ca/events>

“MEMBERS ONLY”



We have a special event for our members -- The **SUMMER RIDE** will be held on **August 12th at Central Forest**. Registration at 9:30 a.m. with a well-marked 8 mile trail (to ride at your own pace; single & double tracks, some that we've never used before) opening at 10.

BYOL – {Bring Your Own Lunch} {noon – 2 p.m.} Guests can not be accommodated at this event. If you have a friend, wanting to attend suggest to them to join the club {prior to this event} and join in on the fun. <https://www.gfhc.ca/summer-ride>

**Members, just for attending *The Summer Ride*,
you'll be eligible to win door prizes!**

1. Set of quality ratchet straps – donated by Trailers Plus
2. Grooming Kit (*bag & brushes*) – donated by Greenhawk

“Don't forget to look at our complimentary 5x7 photos. If you see yourself – take the picture with you.”

TRAIL MAINTENANCE held on Saturday, July 15th was a very successful day! We want to thank everyone who came out to help trim the trails in the "Ganny". Fourteen (14) people volunteered to help clean up the trails. We had 2 gators, people on horseback, and walkers all working hard to improve these trails and keep them beautiful for you to ride on and enjoy.

List of volunteers!

- | | |
|--------------------|----------------------|
| 1. Nancy Gibbons | 2. Dave Grant |
| 3. Tina Grant | 4. Rich Hagerman |
| 5. Sue Hagerman | 6. Jacquie Hansford |
| 7. Jenny Hoskins | 8. Peggy Howard |
| 9. Debbie Kimberly | 10. Rita McMullen |
| 11. Donna Melrose | 12. Karen Montgomery |
| 13. Susan Prange | 14. Ray Soble |

Thank you for your participation in this clean up. It was a great work / fun day. Everyone brought their own lunch and we sat and enjoyed the company of one another and the beautiful weather!!

Big thanks to Rich Hagerman for organizing this event!
Watch for our next clean up date --- hope to see you there!



Anybody wanting to volunteer for any upcoming event contact us --- we'd love to hear from YOU!
www.gfhc.ca



GFHC Annual Dinner / Dance

“Dance into Spring”

SAVE THE DATE – Saturday, November 18, 2017

Cocktails | Buffet Dinner | Dancing | Door Prizes | Draws

ONLY 100 tickets available. Don't be disappointed – this dance will sell out early!

(NO TICKET SALES AT THE DOOR)

Tickets available at “Summer Ride” & other GFHC Events

Online: www.gfhc.ca/dinner-dance (e-Transfer or Cheque) or Email: gfclubdance@gmail.com
or Text 705 632-8998 {Sue}

\$35 / person

<https://www.gfhc.ca/dinner-dance>

Thanks to Karen Dallimore–this post was seen on facebook.

TRAINING TIP OF THE MONTH

The training tip of the month doesn't have anything to do with training but it has everything to do with riding safely: **CLEAN YOUR TACK!**

I've seen a couple of failures lately and the outcome could have been a lot worse. Tighten your chicago screws, check your latigos, and look for worn or cracked leather on your bridle, billets, and stirrup leathers.



Facts About Horse Lovers & The Influence Horses Have On Our Lives

1. Your first pony or horse is an animal you will never forget. They put up with you when you had no idea what you were doing. They would let you ride them for endless hours pretending you were a cowboy, rodeo queen, or whatever else your imagination came up with.
2. Growing up, you did not have posters of the "hottest" celebrities or the "coolest" bands. You had posters of horses everywhere in your room.
3. Breyer Model Horses were a common request on your Christmas and birthday lists. When you were given money, you would save up to buy a new one.
4. Your favourite movie, TV show, and book list included the following: The Black Stallion, Black Beauty, Spirit: Stallion of the Cimarron, Mr. Ed, Seabiscuit. More current movies: Hidalgo, Secretariat, Flicka and more. (Oh and the buckskin in Dances With Wolves is one that you literally drool over.)
5. Nobody, and I mean nobody, took the remote from you when there were equestrian events on TV. (This is even true for most of us now!) The Kentucky Derby, Preakness, and Belmont Stakes made you so excited. Olympics were only important when equestrian events were on. The first week of December during the National Finals Rodeo gets you giddy as all get out.
6. Fun road trips include the following: Rodeos, horse shows, horse clinics, horse races, horse fests. You wanted to learn more and you wanted to build dreams of owning horses like you would see at these places.
7. Common websites visited on your computer included Dreamhorse.com; Equine.com; Barrelhorseworld.com; horsetrailerworld.com and any other websites that deal with horses.
8. You are constantly planning your dream horse barn. Your dream horse trailer. Your dream saddle. You have it all in your head even if it may not become a reality. Horses make you a dreamer, there is no doubt.
9. You love your horse enough that they are in your prom and senior pictures (and for many, engagement pictures too!) Those pictures always turn out to be your favourite too.
10. As you get older, you appreciate more about the horse. Not only are they beautiful creatures, but they are tremendous athletes and such trusting individuals. They really can do A LOT. They can carry a rider and Canadian flag; they can jump jumps taller than a lot of people; they can run around three cans doing a barrel pattern in breathtaking speed; they can run with such stamina and grace; they can work cattle; they can have pistols shot off their backs; they can

carry disabled people for therapeutic purposes; they can carry soldiers in wars; they can do maneuvers most don't know they're capable of - for example reining and dressage to name a few.

11. It does not matter how expensive horses are to own, care for and maintain, it is all worth it to you. The feed, wormer, vaccines, farrier bills, vet bills cost a lot, but you do not care. The tack, equipment, fencing, trailer, truck, etc., also cost a lot, but once again, you do not care. It's not about the money; however it is about what makes you happy. Horses make you happy. And let's face it --- you spend more money on your horse than you do yourself. You would rather buy horse things instead of clothes.

12. You have had (or currently have) that "one horse." It is that horse that has left true hoof prints on your heart. It is the horse that you are proud of. It is your "once in a lifetime horse" that you trust completely, love whole-heartedly and becomes literally like your kid. It's the horse that you can ride at any time and feel like the luckiest person in the world.

13. Horses teach you what real trust is. You learn to trust an unpredictable 1200 pound animal that could easily kill you. I know it sounds pretty harsh, but it is true. You trust your horse with your life each time you are around them and on their backs.

14. It does not matter what kind of day you are having, a horse can make it better. Just hearing them nicker at you when they see you can turn a blah day into a good one. Just like that. You can also go just pet them, groom them and "talk" to them and it will brighten your day. If you are having a bad day, you can bury your face into their mane, cry and even feel like your horse understands. And, there is NO greater feeling than running your horse through the pasture after a bad day, or any day for that matter.

15. A horse can buck you off. You can break bones. They can run off with you, kick you, bite you, etc. However, this does not make you hate them. You love horses enough that you stick with it no matter what.

16. Horses teach you to conquer fear. I can almost guarantee that if you own horses, you have been injured at some point. You have fallen off. Yes, you do gain fear after these things happen because it is scary. However, you learn to conquer your fear because there is a horse out there that helps you regain trust.

17. Horses teach you something *all the time*. It is a constant learning experience when dealing with horses. Even if it is a horse you ride every day, they always seem to do things that you learn from. You know what they like, what they don't like. What they understand and what they don't understand. You know just how far you can push them. How do we know these things? Horses teach us.

18. Horses inspire you to be a better person. I know this sounds cliché, but it really is true. You see, when dealing with horses, you cannot have a bad attitude. You cannot be mean. They are docile, willing and perceptive creatures that respond best when treated with compassion and respect. They can sense when you are upset and tense. They are simply amazing. What is even cooler? The fact that horses bring you closer to other people who love horses too.

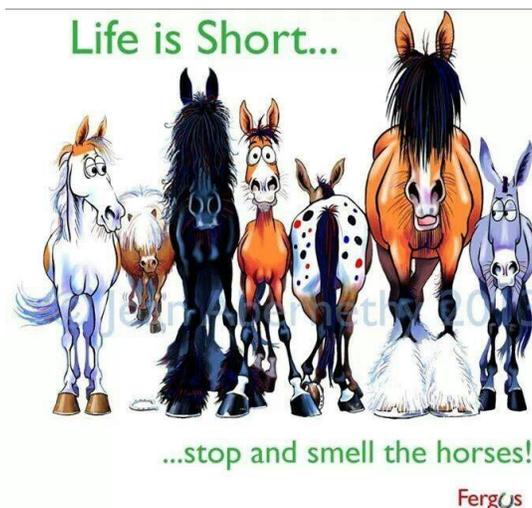
19. If you have a horse that is sick or injured you do everything in your power to bring them back to health and keep them comfortable. You spend money that you really do not have to give them veterinary care and attention. You lose sleep to check on them in the middle of the night. Shoot, in some cases you even sleep in the barn with them because you care that much.

20. You base your future plans around whether or not you can have horses. You will only move to a place where you are able to bring your horse with you. Sounds crazy, but it's true.

21. You know 100% that you want your kids to have the opportunity to have horses growing up. You want them to experience everything you did. You want horses to teach them the lessons they taught you. Even though it will be one of the scariest feelings ever putting your own child on top of an animal like a horse knowing the risk, you know you cannot stop your child from experiencing it. It's that simple.

As you can see, there are more to horses and horse lovers than meets the eye. We are all very similar in a lot of aspects. Undoubtedly, we are all on the same agreement that horses are amazing. They influence us in so many ways. Hopefully, this post will serve as an eye-opener – or a reminder – of just how much horses do for us.

*“Challenge me. Dare me. Or even defy me. But do not underestimate me.
For on the back of my horse, anything is possible.”*



So many ways to know what's happening! Stay in touch

Check out our website to keep in touch with what's going on.

www.gfhc.ca



Ganaraska Forest Horse Club



gfhcclubtreasurer@gmail.com

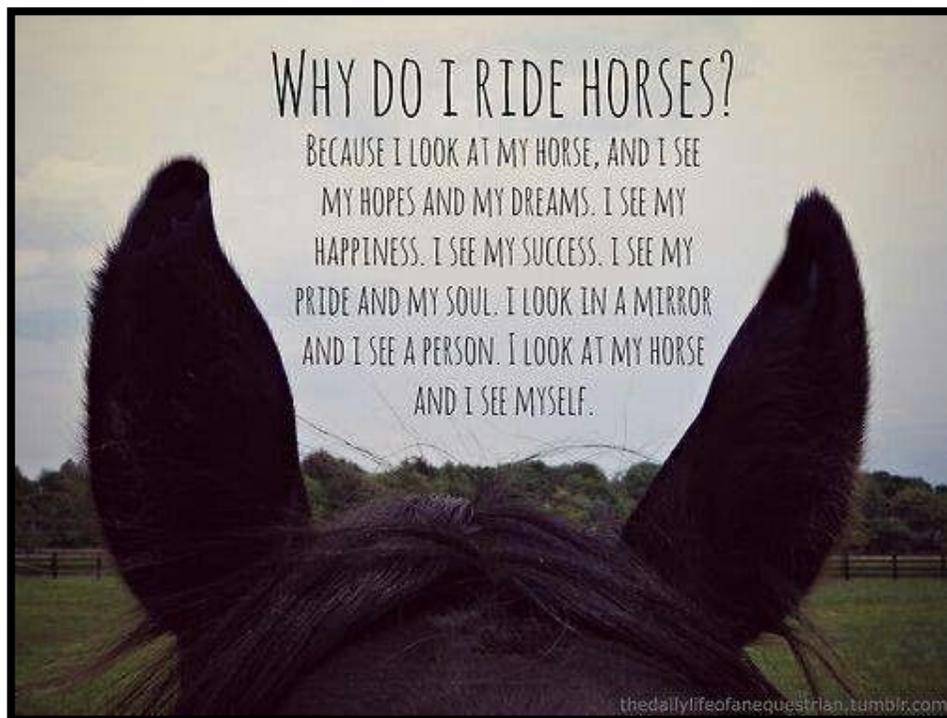
gfhcclub@gmail.com



We want the newsletter to be interesting and informative. Most of all we want you to enjoy it!

Email – Message us on Facebook – or send us a post card or letter. We value all suggestions.

*Let Us Know
What You Think*



HAPPY TRAILS!